General requirements:

- The hygiene regulations to protect an infection (e.g. hand hygiene, coughing and sneezing etiquette, wearing a mouth and nose cover, not touching other people) apply to all users.

- At several locations in the entrance and course area, participants are made aware of the hygiene and distance rules by information posters of the University of Bonn (see Annex 1)

- Mobile disinfection stations will be set up at several central points in the entrance and course areas, so that the participants have the opportunity to disinfect their hands when entering the building and also during the course.

- The number of course participants in the entire sports facility (ground floor and first floor) is limited to a maximum of 28 participants in accordance with the distance rules:
  - Kursraum 1. OG (1.018): 10 persons
  - UniFit Box (0.001): 5 persons inside, 5 persons outside
  - Bootshallen (0.001, 0.002): 1 boat crew, max. 8 persons

- Adherence to this limit is monitored by the course instructors by means of lists in which entries and exits of participants are continuously documented.

- In order to ensure contact tracing, every participant has to register online via the university sports website where all personal information will be stored. The daily course lists are available in the course room and are checked by the instructors at each course date.

- The surfaces of equipment and other objects in the sports facility with which participants can come into contact, are cleaned several times a day.

- The rooms have to be adequately ventilated.

- Transport routes will be modified as necessary (see Annex 2). Participants are requested to use the entrance and exit not in parallel but one after another. For this purpose a waiting area will be marked.

- The instructors are instructed on the hygiene measures and behavioural recommendations once and if necessary repeated as required. In doing so, the rules
of distance must be observed. If available, electronic communication channels are used for instruction (e.g. e-mail, telephone, video conference) and is documented.

- Irrespective of the regular cleaning of surfaces, employees must wash their hands regularly (30 seconds) and avoid touching their own face.

**Admission rules:**

- Any queuing before entering the sports facility must be avoided. The necessary safety distance of 1.5 metres between every single person must be maintained. Markings on the floor are used for orientation

**Behaviour in the course room:**

- All participants must wear a mouth and nose cover for the entire stay, except during the course. Participants without a mouth and nose cover are not allowed to enter the sports facility.

- University sports staff at the University of Bonn are required to call upon any participant who removes or incorrectly sets up the mouth and nose cover.

**Sanitary facilities**

- The distance rules must be observed. In every sanitary room, the hygiene and distance rules are pointed out again on the posters of the University of Bonn (see Annex 1)

- The participants and instructors are requested via a sign to use the area of the washbasin and the urinals only one at a time to keep the distance rules. The signs will be placed in all sanitary rooms and their entrance doors.

- Sanitary rooms will be cleaned at least every working day. In case of high frequency of use, the cleaning interval must be adjusted.
Aktuelle Informationen aus dem Rektorat zum Infektionsschutz im geschützten Betrieb

Latest information from the Rectorate on infection protection during safe operations mode

Weiterhin gilt / The following still applies:

Bleiben Sie zuhause, wenn Sie sich krank fühlen!
Stay at home when feeling unwell!

Möiden Sie Menschenansammlungen!
Avoid crowds!

Hustenhygiene einhalten!
Maintain cough hygiene!

Sorgfältiges Händewaschen!
Wash your hands carefully!

Wichtig / Important:

Bleiben Sie aufmerksam!
Beachten Sie die aktuellen Universitätsgesundheitsregelungen sowie die Anweisungen der Landes- und Kreisbehörden zur Corona-Pandemie.

Stay alert!
Please note the current university regulations as well as the current information from the federal and regional authorities.

Tragen Sie Mund-Nasen-Bedeckung!

Wear a mouth and nose cover!
Masks and nose covers are mandatory in buildings of the University. If you remain in the building, make sure to wear a mask.

Halten Sie 1,5 m Mindestabstand!
Vermeiden Sie unnötige Körperkontakte. Halten Sie die Mindestabstandsabstände auf. Bleiben Sie mindestens 1,5 Meter voneinander entfernt.

Maintain a distance of 1.5 meters!
Maintain a physical distance of 1.5 meters. Be aware of your surroundings in order to maintain distance.

Arbeiten Sie wenn möglich im Homeoffice!
Falls die Anforderungen des Homeoffices erfüllt sind, arbeiten Sie zu Hause.

If possible, work from home!
If your home office requirements are fulfilled, work from home.

Wenn Sie in die Universität kommen / Upon arrival at University:

Einzelbüros
In einem Einzelbüro mit einer Person darf die Mund-Nasen-Bedeckung während der Arbeit abgenommen werden.

Offices occupied by a single person
If you are alone in the room, no mouth and nose cover is needed.

Zwei oder mehr Personen
Zwei oder mehr Personen in einem Raum erfordern eine Mund-Nasen-Bedeckung, auch nur bei kurzer Betreuung. Bitte nutzen Sie diese bei täglichen Aufenthalten im Gebäude der Universität.

Two or more persons
If two or more people are in a room, a distance of at least 1.5 m and mouth and nose cover is mandatory. Please make sure to observe this policy at all times.

Lüften
Die Räume müssen mindestens pro Stunde gleichfalls gleichmäßig durchlüftet werden. Bitte nutzen Sie die Fenster und Türen zur Lüftung.

Ventilation
Office have to be aired every hour, every 20 minutes during meetings.

Bibliotheken, Präsenzprüfungen und Labore
Für Bibliotheken, Präsenzprüfungen und Labore gelten geltende Sicherheits- und Schutzmaßnahmen. Bitte informieren Sie sich vor dem Eintreten über die geltenden Maßnahmen.

Libraries, exams requiring physical attendance and labs
Additional protective regulations apply to libraries, exams requiring physical attendance and work in laboratories. Please inform yourself about applicable regulations on time.

Bei Fragen wenden Sie sich an Ihren Vorgesetzten oder informieren Sie sich über www.uni-bonn.de/corona
If you have any questions, please contact your supervisor or visit www.uni-bonn.de/corona

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Preliminary remarks:

- The area for the participants extends over ground floor and first floor.
- Participants are asked to wear a mouth and nose cover and to wash and disinfect their hands.
- Entrance and exit will only take place at fixed course times.
- The course times are staggered so that the participants of different courses do not meet each other.
- Participants can use the toilets on the first floor. These have to be entered individually. Encounters with other participants and instructors as well as employees are to be excluded.
- Training only possible after online registration the day before.
- Wash or disinfect your hands before starting the training.
- After training, the sports facility has to be left immediately.

Course room:

- The participants of the courses get into the sports facility by using the front stairs. The course room 1.018 is located on the first floor.
- As soon as the course finished, you leave the sports facility by using the stairs again.

Rowing course offer (boat hall 3 and 4)

- The rowing teams meet outside in front of the boat hall 3 and 4 and enter these halls only with a maximum of one boat team (max. 8 persons).
- The doors of boat hall 3 and 4 are opened to the maximum for ventilation.
- You have to wear the mouth and nose cover in boat hall 3 and 4.
- Maximum number of persons per boat hall is 8 including instructor.
- It is only permitted to stay below the minimum distance during the use of rowing boats.
- Only one boat team is allowed to use and enter the landing stage.
- The use of the weight room or any other sports activities inside or outside the boat halls are prohibited.
- The use of the rowing ergometers is only allowed outdoors. The minimum distance of 1.5 metres must be observed. The rowing ergometers have to be cleaned and disinfected before and after using.
- The boat material as well as sculls and other used tools have to be cleaned and disinfected after every use. The contact surfaces must be cleaned as well.

UniFit Box

- The entrance to the UniFitBox is located at the side door of boat hall 1. The exit is through the sliding gate of the UniFitBox.
- Boat hall door and side entrance door of boat hall 1 are open to the maximum for ventilation.
- Maximum number of persons in the UniFitBox (boat hall 2): 5 persons including instructor.
- In the UniFit Box, the obligation to wear a mouth and nose cover also applies if the minimum distance of 1.5 m cannot be maintained.
- High-intensity training in the UniFitBox is prohibited.
- There should be about 3 m between two training possibilities used at the same time.
Ernst-Moritz-Arndt-Strasse 2
(Bootshaus)
= Ein-/Ausgänge