Hygiene and safety concepts for university sports facilities in "protected operation"

Stand: 03. August 2020

**HYGIENE AND SAFETY CONCEPT**  
**UNIVERSITY SPORTS FACILITY ROEMERSTRASSE 164**

**General requirements:**
- Health is the basic requirement - for course leaders and participants
- In order to avoid infections in the course as much as possible, it is necessary that both the instructor and the participants are healthy. Persons with symptoms of illness or in quarantine are not allowed to participate in the course.
- The general rules for infection protection (e.g. hand hygiene, coughing and sneezing labels, wearing of mouth-nose covers, no touching of other people etc.) apply to all users.

**Hygiene and distance rules:**
- At several locations (see Annex 2-4) in the entrance and course area, course instructors and participants are made aware of the hygiene and distance rules in sports facilities in form of large-format information posters of the University of Bonn (see Annex 1)
- Washing hands is possible in all sports facilities in the marked areas
- Mobile disinfection stations will be set up in the entrance areas of the course rooms so that the participants and trainers have the opportunity to disinfect their hands when entering the building (see Annex 2-4)
- The number of course participants plus instructors in the listed sports facilities is limited as follows in compliance with the distance rules:
  - RÖSP 1-3 maximum 40 persons per third of the hall (Annex 2),
  - RÖSP 4 maximum 12 persons (Annex 3),
  - RÖSP 7 maximum 18 persons (Annex 4).
- Markings in the halls ensure compliance with the distance rules.
- The observance of distance rules and hygiene regulations is supervised by the employed hall attendants, the sports supervisor and/or the course instructors.
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Contact-Tracing:

- In order to ensure contact tracing, every participant must register online via the university sports website. All personal data will be stored here. The course lists are available in the course room on a daily basis and are checked by the course instructors at each course date.

Use of training materials/ ventilation:

- The participants bring their own mats to the courses in which mats will be used.

- The surfaces of used training materials are thoroughly cleaned with a cleaning agent (soapy water) after the course unit. This is going to organized and controlled by the course instructors.

- The rooms must be adequately ventilated (see PDF Hygiene and infection prevention regulations in addition to the information provided by the Rectorate on “Protected operation”).

- The instructors are instructed once on the hygiene measures and behavioural recommendations. If it is necessary, these will be repeated as required. In doing so, appropriate rules of distance must be observed. Electronic communication channels are used for instruction (e.g. e-mail, telephone, video conference) if they are available. The instruction is documented in writing.

Admission control:

- Any queuing before entering the sports facility must be avoided. The necessary safety distance of 1.5 m between the individual persons must be maintained. The floor markings are helping to orientate oneself.

- Transport routes will be modified as necessary (see Annex 2-4). Participants are requested to use the entrance and exit not at the same time, but after each other to observe the minimum distance.
Hygiene and safety concepts for university sports facilities in "protected operation"

**Behaviour inside:**

- All course participants and instructors must wear a mask while entering the sports facility. During the course it is allowed to remove the mask. Visitors without a mask are not allowed to enter the sports facility.

- The hall attendants, sports supervisors and course instructors are requested to ask that every participant complies with the regulations.

**Sanitary facilities:**

- The distance rules must be observed. In every sanitary room the hygiene and distance rules are shown again by the information poster of the University of Bonn (see Annex 1).

- The area in front of the washbasin and the urinals is allowed to be used by only one person to observe the distance rules. Appropriate signs will be placed in all sanitary rooms and the respective entrance doors.

- Sanitary rooms will be cleaned at least every working day. In case of high frequency of use, the cleaning interval must be adjusted.

- The showers are closed.
CORONAVIRUS

Aktuelle Informationen aus dem Rektorat zum Infektionsschutz im geschützten Betrieb

Latest information from the Rectorate on infection protection during safe operations mode

Weiterhin gilt / The following still applies:

- Bleiben Sie zuhause, wenn Sie sich krank fühlen! (Stay at home when feeling unwell!)
- Meiden Sie Menschenansammlungen! (Avoid crowds!)
- Hustenhygiene einhalten! (Maintain cough hygiene!)
- Sorgfältiges Händewaschen! (Wash your hands carefully!)

Wichtig / Important:

- Bleiben Sie aufmerksam! (Stay alert!)
- Tragen Sie Mund-Nasen-Bedeckung! (Wear a mouth and nose cover!)
- Halten Sie 1,5 m Mindestabstand! (Maintain at least 1.5 m distance!)
- Arbeiten Sie wenn möglich im Homeoffice! (If possible, work from home!)

Wenn Sie in die Universität kommen / Upon arrival at University:

- Einzelbüros (Offices occupied by a single person)
- Zwei oder mehr Personen (Two or more persons)
- Lüften (Ventilation)
- Bibliotheken, Prüfungen und Labore (Libraries, exams requiring physical attendance and labs)

Bei Fragen wenden Sie sich an Ihren Vorgesetzten oder informieren Sie sich über www.uni-bonn.de/corona
If you have any questions, please contact your supervisor or visit www.uni-bonn.de/corona
ANNEX 2, RÖSP 1-3 (Triple sports hall)
ANNEX 3, RÖSP 4 (course room)
Directions RÖSP 1-4

- Participants are asked at the entrance to wear masks and to disinfect their hands at the disinfectant dispenser.
- The participants are let in by the instructor via the side entrance, keeping the minimum distance.
- Through hall 1 the participants are distributed in the different halls or take the stairs in hall 4.
- The participants spread out to the markings on the floor where they are allowed to put down their masks.
- Hall 1 and Hall 2 have their exit through the middle ladies' and gents' changing rooms.
- Hall 3 has its exit in the last ladies' and gents' changing rooms.
- A disinfectant hand dispenser is located in front of each exit.
- Hall 4 has its exit via the emergency stairs.
- Entrance and exit are only possible at fixed course times.
- The course times are staggered so that the participants of different courses do not meet.

Directions RÖSP 7

- Participants are asked at the entrance to wear masks and to disinfect their hands at the disinfectant dispenser.
- The participants are let in by the instructor via the side entrance, keeping the minimum distance.
- The participants enter the course room RÖSP 7 through the ladies' changing room via the showers.
- The participants spread out to the markings on the floor where they are allowed to put down their masks.
- The exit is via the staircase to the outside.
- A disinfectant hand dispenser is located in front of the exit.
- Entrance and exit are only possible at fixed course times.
- The course times are staggered so that the participants of different courses do not meet.