

University Sports  
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# Facility policies for the Venusberg weights room Nachtigallenweg 86

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### **1. Access/opening hours**

The participation ticket for the “Kraftraum Venusberg [Venusberg weights room]” together with proof of eligibility for participation in university sports at the University of Bonn, grants the bearer access to the Venusberg weights room. These documents must be presented at the entrance desk without being requested.

The responsible body and its representatives are authorized to review participation eligibility. The Venusberg weights room is only open for weight training during the posted opening hours.

### **2. Clothing/hygiene**

Comfortable athletic clothing should be worn for weight training (including clean indoor shoes).

For reasons of hygiene, please place a towel on equipment seats during use.

After using the equipment, especially endurance machines, please clean them with the provided disinfectant and wipes.

### **3. Proper use**

Dumbbells, weight plates and small equipment must be returned to their storage locations after use.

Please make the equipment available after use.

The use of personal training equipment (dumbbells, small equipment, etc.) is generally prohibited. In justified exceptional cases, the university sports representative may approve their use upon request.

Bags may not be taken into the Venusberg weights room. Lockers are available in the changing area. Glass bottles are not permitted in the Venusberg weights room.

### **4. House rules**

The house rules regarding the Venusberg weights room are exercised by the responsible body or a supervisor appointed by the body. Anyone who violates the usage regulations may be banned from using the Venusberg weights room.