All sports courses can be booked online. Registration is required for all courses (even the free ones)!

» www.sport.uni-bonn.de/sportangebot
More than 450 courses per week, including:

- Ball sports
- Martial arts
- Fitness and strength training
- Wellness and relaxation
- Dance
- Water sports

... and many more. Please consult the complete course listing for additional information:

» www.sport.uni-bonn.de/sportangebot

UniFit Box – stronger, bigger, faster!

Unifit Box offers you an ultimate training-mix including functional training, classic barbell training and HIIT.

Advanced athletes are practicing additional calisthenics elements and weight lifting exercises.

» www.sport.uni-bonn.de/sportangebot

Am I eligible to take part?

You may take part if you are a student or other member of the University of Bonn community. Others affiliated with the university may also be eligible to participate:

» www.sport.uni-bonn.de/teilnahmebedingungen

When do the courses start

The courses begin in the first week of the semester. Additional information on duration of individual courses can be found online under the respective course descriptions:

» www.sport.uni-bonn.de/sportangebot

What else do I need to know?

Make sure to keep the required IDs and semester/participation cards on hand so that there is no doubt regarding your eligibility. And please observe the rules and regulations at each of the sports facilities!

» www.sport.uni-bonn.de/download